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Autumn 2013 Edition

A seasonal publication of  
Manningham Centre Association Inc.  
Support Services for Older People

# MCAnews



What an amazing Achievement by Melissa Purdy  
– MCA's youngest volunteer

## 'YOUNG CITIZEN OF THE YEAR' AWARD



Melissa Purdy has volunteered at the Manningham Centre for almost 3 years now. She commenced at Grevillea House and then added the Kiosk at Cassia House to her list. Melissa has proven 'without a doubt' that consistently learning and providing a service to the elderly is a very pleasant experience.

Volunteering has also created a social side and we have all shared a day when Melissa smiles and offers her assistance. This award was presented at the MC 2 new Council building on Australia Day Saturday 26<sup>th</sup> January 2013. This achievement also made it into the 'Manningham Leader' newspaper.

Congratulations and well done Melissa, we are all very proud of you!

**Left: A proud 'Melissa' out front and fall on centre stage. Bravely enjoying every minute.**



**Melissa Purdy being presented her award by Mayor Jennifer Yang.**



**Melissa with her family and friends. A very proud and happy occasion for all.**

# MANNINGHAM MONSTER COMMUNITY RAFFLE 2013

**You have to be in it to win it...**

**You could be the lucky winner!**

**Raffle Prizes: First prize voucher: \$5,000.00**  
**Five, runner up prize vouchers: \$1,000.00 each**

For each \$2 ticket sold by you, Manningham Centre will receive \$1.50 with the remaining \$0.50 going to the Manningham Charitable Trust. All proceeds raised on behalf of Manningham Centre will be directed to the needs of residents and clients which are not met by other funding sources.

*Angie Lee – Fundraising Officer*



*In anticipation of your support*

## Friends of Manningham Supporting Relatives Committee

The *Friends of the Manningham Centre* is a support group of relatives and friends of present and past residents of the Centre. Over the previous four years, we have offered assistance with the settling in process, social and fund raising activities, funeral arrangements and personal support in times of difficulty.

### Our activities this year are already under way:-

The Melaleuca Lodge Friends' barbecue was a rousing success. Thanks to Margaret, Bernie and the members of our committee who worked hard and mixed well.

Our first 'getting to know you', afternoon tea was held on Sunday 3<sup>rd</sup> March. This time was shared with relatives and carers of Cassia House. The pianist was Christina Boyd and the sound of music and meeting new people was a very pleasant experience.

There were some new faces present (which is always nice to see) and the group also caught up with some old acquaintances. A few guests brought their family member (resident's of MCA) with them to also enjoy the afternoon.

We 'the friends' will be holding more of these 'afternoon teas' throughout the year and hope you can join us ☺.

### Forthcoming events include:-

- Our enjoyable coach trip to **Box Stallion Winery** with Bluestone Jazz band playing
- Our annual trip to the 'Archibald Prize' showings
- Our **monthly dinners** at restaurants in the Manningham area
- Our Annual Fundraising **Trivia Night** (which was hugely popular in 2012 and contributed \$3000 to the Centre for resident needs.)

Our aim is to assist Centre management and staff in creating a caring community. Our members have, between us, experienced all aspects of the aged care journey and look forward to meeting the relatives of new residents. If you would like to join us at any of our functions or outings, or wish to become a member, please call:-

**Wendy Harpham on: 9848 8983 or**  
**Robert Cole on: 0408 304 642.**

**Robert Cole**  
*Chairman - FOM*







## Introducing... Vannie Winfield - Musical Therapist



**'Music Therapy' for residents at Cassia House**

I am Vannie Winfield, the singing girl with the guitar on her back. I am a Registered Music Therapist (University of Melbourne) and I have been facilitating music therapy programs at Manningham Centre since February. My clients are frailer residents and those from diverse cultural backgrounds. There have been great responses in both the group and

individual sessions. Cross-cultural music therapy is my research interest and passion and I have been lucky to have the opportunity to make music with people from such a diverse mix of cultures here in Manningham Centre. Thank you to both residents and their family for your smiles, chat and words of encouragement for both my students and myself.

For the future, I have recently arranged for three iPods with specific therapeutic 'playlists' to be used in all areas of the Cassia House. I envision music drifting out from the corridor, staff and residents singing together, making care routines easier. This also encourages friendship and calmness in our loving community at Manningham Centre.

**Vannie**

## News.com.au

**NET Syndicated VIC News**

### Perfect scores put them at the top of the world

- by: *Shelley Hadfield*
- From: **Herald Sun**
- January 05, 2013 12:00AM



Picture: Adam Elwood  
Source: Herald Sun

**VICTORIAN students have blitzed the International Baccalaureate, with a bag of perfect scores.**

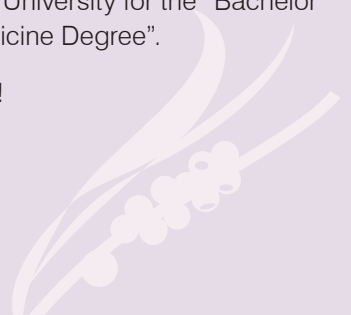
Several are now waiting on offers from international universities, with others having an eye on medicine, commerce, science, arts and law degrees in Victoria.

### Who is the second young lady from the left??

It is Monica Hu (daughter of Helen Zhou – our Finance Manager) and for those of you who are not aware, Monica volunteers at MCA. She commenced with Pamela Power in Lifestyle & Leisure and more recently (on Saturdays) with Sharon Gammon in Cassia House Day Guest Respite Program and has done so since 2008.

Monica has been studying very tirelessly and was recently advised that she had achieved the 2012 Dux of MLC (Methodist Ladies College), with the perfect score of 99.95%. We would like to congratulate Monica on her amazing effort. She has now chosen to attend Melbourne University to study medicine and thereafter specialise. Monica was offered a Full Scholarship from Melbourne University for the "Bachelor of Bio-Medicine Degree".

Well Done!!



## Donations

A donation envelope is available for use by our supporters. Donations are tax deductible and can be hand delivered to Manningham Centre or posted to 371 Manningham Road, Doncaster, 3108.

### In lieu of flowers: a gift in memory

In response to the growing number of families who request an envelope for donations in lieu of flowers in funeral announcements, an envelope is now available for this special donation to Manningham Centre.

Memorial giving is a wonderful way to remember a loved one and help Manningham Centre to continue our mission of assisting older people in the

Manningham community. Donors may indicate if they would like a next-of-kin to be advised that a gift has been made. The gift is tax deductible for the donor. Manningham Centre will not disclose the amount of the individual gift to the bereaved family.

Please ring 9856 1201 to obtain these envelopes.



## Dealing with Change Counselling Sessions for May 2013

Sessions have been organised for **Monday 6<sup>th</sup>, 13<sup>th</sup> & 20<sup>th</sup>** for anyone wishing to attend. Flyers will be around the centre if you require a booking. These sessions provide support for any relative who may be experiencing difficulty having to place their loved one into care or in caring for their loved one at home. Each session will go for 2 hours and will be held in the Activities Room at Cassia House, from 7.00pm-9.00pm. Please let any family members experiencing difficulty know of these dates and encourage them to attend, as it is most valuable.

Hope to see you there – **Dianne Jones**  
Residential Services Manager

## Plaza Party for 2013

The date for this annual event is:-  
Friday 31<sup>st</sup> May 2013  
4.00pm-6.00pm

For anyone who may not be aware, this event is MCA's annual acknowledgment for Volunteers and Staff years of service. Education achievements for staff. Staff Service Award.

Invitations will be posted  
in late April 2013.

Everyone is welcome to attend.

## Manningham Centre



### The new 2013|2014 Entertainment™ Book

We are pleased to announce that we'll be selling the new 2013 | 2014 Greater Melbourne Entertainment™ Books as a fund-raiser for Manningham Centre.

Entertainment™ Books are packed with hundreds of up to 50% off and 2-for-1 offers for the best restaurants, cafes, hotel accommodation, attractions and activities.

The new Book is **only \$65**, and you'll receive \$15,000 worth of valuable offers until 1<sup>st</sup> June 2014. So you can choose what you want to do and when you want to do it.

Plus, the good news is that \$13 of your Book purchase goes towards our fund-raising!

**ORDER YOUR NEW BOOK NOW AT  
MANNINGHAM CENTRE RECEPTION  
OR CONTACT: 9856 1201**

### Make a difference ...

#### Help Manningham Centre with a bequest or donation

*Support the continuous improvement of our services through the purchase of furnishings and equipment for the direct benefit of residents*

*For more information about leaving a bequest, contact the Chief Executive, Ross Dawson.*

**Tel: (03) 9856 1219**

**Fax: (03) 9856 1233**

**[www.manninghamcentre.com.au](http://www.manninghamcentre.com.au)**

**MANNINGHAM CENTRE**  
**Support Services for Older People**

### Keeping you up to date:-

#### Current List of Board Members

**Chairman:** David Meiklejohn AM

**Deputy Chairman:** Darrell Treloar

**Treasurer:** David Alcock

#### Directors:-

Ray Barrington

Sheena Kay

Ron Kitchingman

Ray Lewis

Terry Maher

Erica Mounter

Lyn Sowersby

Cr Jennifer Yang

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