



## WHAT IS A HOME CARE PACKAGE?

More older people want to keep living independently, than ever before.

A Home Care Package is an allocation of funds enabling you to purchase services and products that support your independent lifestyle goals.

MannaCare provides a range of Home Care Packages enabling greater choice and flexibility to personalise services that assist older people to remain in their homes longer.

MannaCare is the only Home Care Packages provider in the Manningham municipality to offer a fully integrated range of local services.

## WHO CAN HELP ME MANAGE A PACKAGE?

Your MannaCare advisor will work together with you and your representative to develop your Home Care Package. Reflecting your values and goals, they can assist in setting up services, sourcing useful products, referrals, advocacy and monitoring your progress and budget.

Alternatively if you choose to self-manage, we are here to provide support and guidance.

MannaCare offers all types of Home Care Packages:

**Level 1** supports people with **basic level care needs**

**Level 2** supports people with **low level care needs**

**Level 3** supports people with **intermediate care needs**

**Level 4** supports people with **high care needs**

## WHAT SERVICES CAN BE PURCHASED THROUGH A PACKAGE?



**Personal services** - personal assistance, including individual attention and/or supervision, and physical assistance with activities such as bathing, showering, toileting, dressing and undressing, mobility, communication, etc



**Mobility and dexterity** - including the provision of crutches, quadruped walkers, walking frames, walking sticks, mechanical devices for lifting, bed rails, slide sheets, sheepskins, tri-pillows, pressure relieving mattresses and assistance with the use of these aids



**Nutrition, hydration, meal preparation and diet**  
Assistance with preparing meals; special diet for health, religious, cultural or other reasons; use of eating utensils and actual feeding if needed



**Continence management** - including assessment for and, if required, providing disposable pads and absorbent aids, commode chairs, bedpans and urinals, catheter and urinary drainage appliances and enemas; assistance in using continence aids and appliances and managing continence



**Management of skin integrity** - including providing bandages, dressings and skin emollients



**Transport** – to shops, appointments, social activities or events



**Assistive technology** – house maintenance and modifications, personal alarm and emergency monitoring systems

In addition to these services, nursing, allied health or other clinical services (such as hearing or vision services) can be accessed under any level of Home Care Package.

**Our direct service arm, MCA FlexiCare, also provides an extended range of personalised in-home support services.**

Call a MannaCare referral advisor today on 1300 90 20 23 for a free consultation to discuss all the options available to create tailored support to match your individual needs.



## WHAT IS CONSUMER DIRECTED CARE?

MannaCare's service principle is based on the concept of Consumer Directed Care (CDC).

Under the CDC model of service, once a consumer's goals and level of involvement in the management of the package have been identified, the provider/Care Advisor will work in partnership with them to determine what care and services are needed to support their goals and meet their care needs.

## WHO IS ELIGIBLE?

My Aged Care is the Government gateway for accessing any aged care service. You can either contact 1800 200 422 or visit [www.myagedcare.gov.au](http://www.myagedcare.gov.au).

To receive a package, a person needs to be assessed and approved as eligible for home care by an Aged Care Assessment Team. MannaCare is able to assist people with the application process.

## WHAT DOES IT COST?

The Australian Government subsidises the cost of Home Care Packages however users may be required to contribute to the cost.

In addition to this fee, Centrelink will apply an income test to all consumers who have income greater than the basic Aged Pension, and will determine if an Income Tested Fee is also required to access a Home Care Package.

Home Care Packages are governed by the Home Care Common Standards.

For more information on Home Care Packages, call MannaCare on 1300 90 20 23.



**MannaCare**  
WIDER CHOICES FOR OLDER PEOPLE



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