



## WHAT IS MCA FLEXICARE?









MCA FlexiCare is our in-home support service, designed to assist older people to access a wide and flexible range of personal assistance services from housework to transport.

These services enable those people to remain living in their community for longer.

## WHAT IS THE RANGE OF SERVICES?

The MCA FlexiCare extensive range of services includes:

### Personal assistance

-  Personal grooming
-  Shopping and paying bills
-  Social and leisure activities
-  Hand massage
-  Post-hospital care
-  Overnight support if help is needed during the night
-  In-home occupational therapy and physiotherapy
-  Carer support

## WHO IS ELIGIBLE?







Older people living in the municipality of Manningham and surrounding areas.

## WHY MCA FLEXICARE?

We understand that it is important for older people to have regular and reliable assistance, and to feel comfortable with others who come into their home.

At MannaCare we will match you to one of our small MCA FlexiCare teams of Community Support Workers, so that you know your team, and your team knows you and how to meet your needs.

### Practical assistance

-  Assistance to help you with housework
-  Meal preparation
-  Home and garden maintenance
-  Assistance with transport
-  Support to set up computer and internet access
-  Settling-in service for times of transition



For more information on MCA FlexiCare, call MannaCare on 03 9856 1212.