

# Volunteer to make a difference

# It only takes a small amount of time each week to make a positive difference to the life of an older person

#### **About MannaCare**

MannaCare is a not-for-profit, community-based aged care organisation primarily serving people living in the municipality of Manningham.

Fully accredited, MannaCare provides a wide range of services for older people, whether they need full-time care, respite or individual services in their own homes.

Our residential care homes are staffed by highly experienced, dedicated nurses and carers, and are fully equipped to cater for wide levels of assistance.

Our community team manage home care packages, and the provision of direct inhome services and support.

## Why volunteer with MannaCare?

Along with our strong values, we have close community connections. Our experience has shown us that people's connection with their family, friends and community is vital to their mental and social wellbeing.

What sets MannaCare apart at every level is the involvement of our volunteers. They generally give of their time in so many ways. Without them, we couldn't function as we do. We are deeply grateful for their dedication.

### Benefits of volunteering

Volunteers make a valuable difference to the lives of older people by enhancing their well-being, independence and their social interactions. Choose to have a cup of tea with our seniors or assist them with leisure activities. It only takes a small amount of time to make a lasting connection with someone.

371 Manningham Road, Doncaster VIC 3108

#### For you:

- Build new relationships
- Gain knowledge and skills
- Feel good about what you do
- New gained confidence

#### For the community:

- Make a positive difference to an elderly resident
- Connect to others in the community
- Make positive changes
- Inspire others so they volunteer themselves

#### Become involved

Volunteers of any age or ability are welcome!

You are supported, working alongside experienced staff. We are looking for passionate people with a sense of humour and who have an affinity for older people.









