

Has cancer affected your wellbeing?

Join free local education sessions
and take charge of your wellness



Sessions are open for anyone whose primary cancer treatment is already complete or nearing completion.

Patients, their families, friends and carers all welcome.

Cancer Wellness Workshop - Online via Zoom

Topic **Managing finances and work while dealing with fatigue**

Date **Monday, 15/11/2021**

Time **1.00 pm - 2.00 pm**

RSVP **Register online using the QR code**

To use a QR code on your phone:

1. Open the camera app
2. Focus the camera on the QR code by gently tapping the QR code
3. Follow the instructions on the screen to complete the registration form



Once you have registered, an email with the event details and Zoom session link will be sent to the email you have provided.

Another session be delivered on the 13th of December. Health professionals will cover topics such as:

- Finding a new normal
- Complementary Therapies



MannaCare

For information about other Cancer Education Programs call Cancer Council on 13 11 20